

**"ENHANCING HEALTH  
THROUGH SINGING"**

23<sup>rd</sup> March 2015

Personal Health Update: Dr Julie Jackson-Gough

To whom it may concern

We apologise if the nature of this letter catches you slightly off guard. We are writing to tell you about the personal health of Dr Julie Jackson-Gough. Dr Julie was married to Iain Jackson, then Michael Gough. She lived and worked in Hamilton, Taupo, Blenheim & Christchurch. We understand she was a part of your church or music community.

Dr Julie has been diagnosed with Motor Neuron Disease. This is a terminal condition that has debilitated Dr Julie. At the time of writing, she is unable to walk, speak comprehensively and has long since lost the dexterity, which made her a phenomenal musician. The formal diagnosis only occurred in January.

We (her sons) know much about mum's involvement in the communities in which she has been involved but we can't imagine how to reach everyone who mum has impacted over her years as a musician and teacher & spiritual leader in Hamilton, Taupo, and Blenheim. That's why we have written this letter. Please circulate this to anyone to whom it seems appropriate.

It is not possible for us to provide an update. Motor Neuron is a horrible condition, and with mum it continues to worsen week-to-week, limiting her physical and emotional states. She is a shadow of her former self, but still has the same fiery spirit, cheeky nature, determined attitude and caring personality. She is well cared for at Thornleigh Rest Home in New Plymouth; she has the support of her family and classical music playing in her room often.

The reason we have reached out is this letter is to make a request, share this update with your community, and to reach out to Dr Julie. Mum is still able to read, and receive messages on her mobile phone. Please reach out to her and let know the impact she had in your life in a letter/card, touch base with her via an email we can print, or send a text to say hello.

If you are in the neighbourhood drop in to visit and take a mochaccino. You can speak with the care home directly to arrange this. Mornings are much better as she has more energy.



**“ENHANCING HEALTH  
THROUGH SINGING”**

Her current contact details are

Dr Julie Jackson  
Radius Thornleigh Park  
25 Heta Road  
Highlands Park  
New Plymouth  
4310

Thornleigh Office  
(06) 758 3642

drjulie@harmonichealth.co.nz  
021 946 088  
(Please don't expect a reply)

Kind regards

Her son's Matthew, Peter and Aaron

Matthew 021 456 420 - Auckland  
Peter 027 238 2288 – New Plymouth  
[sales@harmonichealth.co.nz](mailto:sales@harmonichealth.co.nz)

Other ideas to lift her spirits,

Write on her Facebook wall about how she shared music with you.

<https://www.facebook.com/pages/Harmonic-Health-NZ-Ltd/115472941842144>

Also, we have a list of the communities mum has been involved in, but if there are more please let us know.

<http://www.singingforseniors.co.nz/#!about-harmonic-health/c1jw4>

